

# Grief and Loss Adult Group

1<sup>st</sup> Thursday of Each Month

6:30-8:00pm

The LIFE Center  
6811 N. Central Ave.  
Tampa, FL 33604

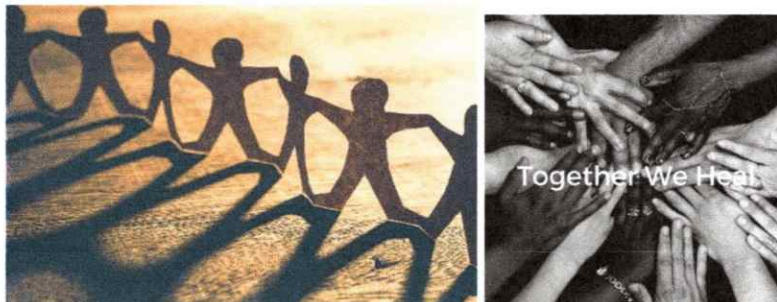
## FREE

Led by: Milton Moss, LMHC, CRC and Dan Casseday

This trauma can leave lasting pain that can affect many aspects of one's life. This group aims to be a safe place to process those lingering pains and build each other up.

We will build trust slowly.

Currently, this group is for anyone 18 and older. This group is specifically designed for loss due to death.



"Let me connect with you and  
answer any questions you may have, personally."